

# Obstetrics & Gynecology Science

Bo Young Choi, et al. Weight gain in twin pregnancy

**Supplementary Table 1.** The reference value of gestational weight gain (GWG) by the Institute of Medicine (IOM)

Characteristics	Cumulative weight gain: IOM (kg)	Inadequate GWG (kg/weeks)	Adequate GWG (kg/weeks)	Excessive GWG (kg/weeks)
Underweight	-	<0.454	0.454–0.662	>0.662
Normal	16.8–24.5	<0.454	0.454–0.662	>0.662
Overweight	14.1–22.7	<0.381	0.381–0.614	>0.614
Obese	11.4–19.1	<0.308	0.308–0.516	>0.516